



HOËRSKOOL  
PAREL VALLEI  
HIGH SCHOOL

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10 March 2015

**KWAGGA JUNIOR RUGBY WEEK**

Dear u/14 Parents, coaches and committed PV supporters

As you may well know, we are heading to George this holiday to compete in the prestigious Kwagga Junior Rugby Week for u/14 and u/15 rugby sides from all over South Africa.

Outeniqua High School will be presenting the Nashua Kwagga Junior Rugby Week once again from 1 until 7 April during the forthcoming school holidays. Since 1995, the Rugby week has been hosted annually and has become an outstanding success. Many regard it as the biggest junior rugby week in the country. The U/14s in particular represent a great percentage of the top rugby schools in South Africa. The match days are scheduled for the 2<sup>nd</sup>, 4<sup>th</sup> and 6<sup>th</sup> of April. All the games will be hosted at Outeniqua High School. Wednesday 1 April at 19:00 an opening ceremony will be presented on the A Field and all are welcome to attend the event. The events can boast with staggering figures of more than a thousand youngsters, coaches and parents. Entrance is free of charge and all are welcome to share in an enjoyable time.

I know it has taken a while to give details about the camp, but I had to be sure our boys will be ready physically, enough numbers available for trials etc. to make an informed decision about attending or not. **My biggest concern has been fitness and conditioning but we will be ready!** Also having the opportunity to play 3 games in one week before the season starts holds unimaginable value and cannot be missed! Therefore, we are going: the busses are booked, accommodation is set and we have officially confirmed our attendance and will be playing B sides and schools that match in numbers.

The paperwork can only go out **AFTER** trials as sadly there is only space for 23 players, a team manager and 2 coaches. Due to availability of cricket players as from this week only, trials are scheduled for **Monday the 16<sup>th</sup> of March from 3 – 4:30pm**. The 23 players selected for the touring squad will be announced on Wednesday the 18<sup>th</sup> of March. Players will find their names on the PV Rugby board and via your child. It is imperative you are made aware NOW that the camp will cost **R1500.00 per player which includes ALL COSTS** (Transport, board and lodging) for the week in George. Fees can be paid ASAP after the team is announced, with the cut-off date being **Friday 27<sup>th</sup> March!** Parents will receive all information and paperwork pertaining to the camp in their inboxes and it will be available on the notice board.

**Please make payment to:**

**Ref: 3050/008 - KJW plus player's name.**

PAREL VALLEI H/S

ABSA BANK

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I am excited, as this will be the boys who will be playing together for the next 5 years, ultimately representing our PV First XV Premier League side!

**Planning and Preparation towards participation to date:**

- PRE SEASON:** - 27 January till 26 February  
(Strength and Conditioning)
- SEASON PREP:** - 2 March till 30 March  
(Contact, tackle, scrum, skills)
- TRIALS:** - 16 March 2015
- GUEST COACHES:** 13 March till 30 March  
**SCRUM/LINEOUT SPECIALIST:** Thys Stolz  
(Blue Bulls, SWD Eagles, Gala RFC)  
- Director of Rugby at Waterkloof and  
Paul Roos Gymnasium when they were  
No. 1 in South Africa
- SKILLS COMBINE:** - Saturday 21 March (8am to 10am) at PV
- KWAGGA JUNIOR WEEK:** - 1 – 7 April 2015 (George)

**I TRUST WE WILL SEE A CONTINGENT OF PARENTS JOINING US ON THE GARDEN ROUTE ON HOLIDAY!**

If there are any questions/queries please do not hesitate to contact me.

Rugby blessings

Thinus Pienaar

Head/Hoof van Rugby

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